

have mercy upon us.
Thou that takest away the sins of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father. Amen.

The Collect of the Day

BCP 180

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

O Lord, we beseech thee, let thy continual pity cleanse and defend thy Church, and, because it cannot continue in safety without thy succor, preserve it evermore by thy help and goodness; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

Seated

Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

The Word of the Lord.
Thanks be to God.

Psalm 78:23-29

Read responsively by whole verse

BCP 696

- 23 So he commanded the clouds above *
and opened the doors of heaven.
- 24 **He rained down manna upon them to eat *
and gave them grain from heaven.**
- 25 So mortals ate the bread of angels; *
he provided for them food enough.
- 26 **He caused the east wind to blow in the heavens *
and led out the south wind by his might.**
- 27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
- 28 **He let it fall in the midst of their camp *
and round about their dwellings.**
- 29 So they ate and were well filled, *
for he gave them what they craved.

The Second Lesson

Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

“When he ascended on high he made captivity itself a captive;
he gave gifts to his people.”

(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people’s trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body’s growth in building itself up in love.

The Word of the Lord.

Thanks be to God.

The Holy Gospel *Standing.*

John 6:24-35

Deacon The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory be to thee, O Lord.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is

that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.”

Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Deacon The Gospel of the Lord.
People Praise be to thee, O Christ.

The Sermon *Seated* The Rev. Becca Kello

The Nicene Creed *Standing* BCP 327

We believe in one God,
 the Father Almighty,
 maker of heaven and earth,
 and of all things visible and invisible;
And in one Lord Jesus Christ,
 the only-begotten Son of God,
 begotten of his Father before all worlds,
 God of God, Light of Light,
 very God of very God,
 begotten, not made,
 being of one substance with the Father;
 by whom all things were made;
 who for us and for our salvation
 came down from heaven,
 and was incarnate by the Holy Ghost of the Virgin Mary,
 and was made man;
 and was crucified also for us under Pontius Pilate;
 he suffered and was buried;
 and the third day he rose again according to the Scriptures,
 and ascended into heaven,
 and sitteth on the right hand of the Father;
 and he shall come again, with glory,
 to judge both the quick and the dead;
 whose kingdom shall have no end.
And we believe in the Holy Ghost the Lord, and Giver of Life,
 who proceedeth from the Father and the Son;
 who with the Father and the Son together is worshiped
 and glorified;

who spake by the Prophets.
And we believe one holy catholic and apostolic Church;
we acknowledge one Baptism for the remission of sins;
and we look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Remain Standing

BCP 328

A list of those for whom we pray is available in the back of the bulletin.

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers especially Michael, our presiding bishop, Sean, our presiding bishop elect, Terry, our bishop, Steve and Becca, our priests, and Kellie, our deacon, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially Joseph, our president, Andy, our governor, Doug, our county judge executive, Todd, our city mayor, and for all who serve in the military, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor... and all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

Confession of Sin *Kneeling*

BCP 330

Deacon Let us humbly confess our sins unto Almighty God.

People **Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.**

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The Peace *Standing*

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

All greet one another in the name of Christ.

Communion Instructions *Seated*

The Holy Communion

The Great Thanksgiving

BCP 340

Eucharistic Prayer II

Standing

Celebrant The Lord be with you.

People And with thy spirit.

Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God ... *here the Celebrant adds a Proper Preface...* Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.**

Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.

Hosanna in the highest.

The people kneel or stand.

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath

commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving, whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

And now, as our Savior Christ hath taught us, we are bold to say,

The Lord's Prayer

BCP 336

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

BCP 337

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Celebrant The gifts of God for the people of God.

Communion is available to all baptized Christians, regardless of denomination. We serve communion at two stations: up at the altar rail and in front of the lectern, and you may go to either station. We have gluten-free wafers available; one arm across your chest will indicate that need to the clergy. To receive the wine, you can dip into or drink from any of the large chalices, or if you would like to dip into a chalice that no one has drunk from, that will be available at the station in front of the lectern on the pedestal. You can request a blessing instead of communion, whether baptized or unbaptized, by crossing both arms across your chest.

Sending Forth the Lay Eucharistic Visitor

Deacon In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People We who are many are one body, because we all share one bread, one cup.

Post Communion Prayer

Standing or kneeling

BCP 339

Let us pray.

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good

works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Blessing

The Dismissal

All Respond

Thanks be to God.

The altar flowers are given to the glory of God and in memory of Kay Myers Cole by David, David, Rodes and Will Cole.

8 AM Ministers of the Service

Celebrant	The Rev. Dr. Steve Pankey
Preacher	The Rev. Becca Kello
Deacon	The Ven. Kellie Mysinger
Lector	Tommy Adams
Intercessor	Laurie Joyce
Altar Party	Leonard Edwards
Shepherd	TBD
Altar Guild	Sharon Valk

This Week at Christ Church

Sunday, August 4

The Eleventh Sunday after Pentecost

8:00 AM Holy Eucharist Rite I In-person and live-streamed

9:00 AM Bread of Angels – Conference Room

9:00 AM Brotherhood Breakfast – Moore Hall

9:00 AM Conversation with Scripture – All Saints’ Room

9:00 AM Sabbatical Forum with Steve – Moore Hall

10:00 AM Holy Eucharist Rite II In-person and live-streamed

11:15 AM Daughters of the King meeting - Chapel

12:00 PM Weekly submission deadline for *The Lancet*, and the Sunday bulletin

Monday, August 5

7:00 PM – 9:00 PM Narcotics Anonymous – Moore Hall

Tuesday, August 6

12:00 PM Centering Prayer - Chapel

12:15 PM Transfiguration Midday Eucharist

4:00 PM Yoga – Moore Hall

Wednesday, August 7

7:00 AM Morning Prayer – Conference Room

11:00 AM Wednesday Community Lunch

12:00 PM Healing Eucharist

1:00 PM – 2:00 PM Narcotics Anonymous – Moore Hall

Thursday, August 8

Friday, August 9

Church office is closed

Saturday, August 10

1:00 PM – 2:00 PM Narcotics Anonymous

*Streamed services can be found at [facebook.com/cecbg](https://www.facebook.com/cecbg) or

<https://www.youtube.com/c/CECBG>

TO VIEW THE ENTIRE CHURCH CALENDAR, please access our website, [cecbg.com](https://www.cecbg.com).

HAPPY BIRTHDAY!!

8/05 David Lee

8/06 Marti Harrison

8/06 Elaine Walker

8/07 John Hagaman

8/07 Lynne Brown

8/07 Barbara Leet

8/08 Paula Morgan

8/08 James Brown

8/08 Bill Collins

8/10 Jessie Wolfe

8/10 Leeann

Morrison

8/10 Sale Hightower

Worship

LIVESTREAM WORSHIP will continue at 8:00 AM and 10:00 AM on Sunday mornings on Facebook and YouTube.

Learn and Grow

EDUCATION FOR MINISTRY is beginning to sign up for the 2024-2025 classes. We meet from September through May. There are two classes – the Morning EFM meets from 9 AM to noon and is led by Bill Leonard and Ed Tivol and the Evening EFM meets from 5 PM to 8 PM and is led by Kathy Wise-Leonard and Vonda Garringer.

CONVERSATIONS WITH SCRIPTURE meets on Sunday mornings at 9 AM in the All Saints Room. On July 28 we will begin discussing “the story - and history - of the second book of the Bible” - Exodus and using "Exodus for Normal People" by Peter Enns as our study guide. Copies are available in the All Saints Room. All are welcome to participate in this ongoing open discussion, or maybe just listen in.

BREAD OF ANGELS is a group of adults of all ages who gather to explore what it is to be a Christian in the world and which we find ourselves. We are reading John

Esposito's *What Everyone Needs to Know About Islam*. Esposito is a University Professor at Georgetown University and a practicing Roman Catholic. He wrote the book after 9-11 and it has been widely acclaimed. This is a perfect time to join us! Copies of the book are available in the reception area of the Church Office.

CENTERING PRAYER is Tuesdays at 12:00 PM. We are meeting in the Chapel. Anyone who is interested is welcome. Any questions, please contact Kathy Wise-Leonard at 270-779-5595 or email billkathyleonard@bellsouth.net or Janice Erbach at 270-904-1164 or email kassta@jadegrel.net.

Radiate

CHURCHES UNITED IN CHRIST HELP MINISTRY is one of the oldest outreach ministries of Christ Church. In partnership with two other downtown Christian churches, we attempt to assist families with their utility bill, emergency prescriptions, gasoline for an out of town doctor appointment, etc. For a long time, the NEED has far exceeded our resources to help. In order to effectively sustain this ministry, we need for members to step up with a pledge of \$10 or more per week. The Help Ministry at Christ Church currently distributes well over \$1,000 per month to those in need. We only help an individual once every 12 months. Please include a gift to the Help Ministry in your gifts to Christ Church! God Bless!

WEDNESDAY COMMUNITY LUNCH is now serving sack lunches. We are in need of monetary donations to further our program. Your donations are appreciated and can be put in the offering plate with a designation to WCL or may be made online at <https://www.cecbg.com/secure-giving>. We are also encouraging folks to join our team of volunteers to assemble and serve! Contact Mary Cash (marygcash@gmail.com), Janice Erbach (kassta@jadegrel.net), or Margie Dotson (madebg@bellsouth.net) for more information.

ONLINE GIVING Make a secure contribution online to the current year operating fund and/or other funds. You can make your donations through the church website.

General Announcements

Parish Prayer List

**indicates new*

Parishioners of Christ Church

Judy Adams	Dean Gilbert	Karen Robeson
James Brown	Bob Harrison	Carroll Smith
Aldis Brunson	Nick Heil	Crystal Stiles
Janice Bunch	Paula Morgan	Josh Stiles
David Cole	George Niva	Teddi Taylor
Vickie Cole	Gretchen Niva	Karen Towell
Dolores Dodd	Leigh Constans Pierce	Carroll Travelsted
*Tom Fabian	Maryanne Ringo	

Parishioners of Christ Church teaching overseas

Boo Petersen, South Africa Galen Olmsted, Venezuela

In Remembrance

In Thanksgiving

*Thomas Robert Puckett, *grandson of Troy & Ann Puckett*

William Connor Joyce, *grandson of Clyde & Laurie Joyce*

For our Cloister Community

Military serving overseas known by Christ Church parishioners

Family of Christ Church parishioners

Anastasia Arnold, *daughter of Deb Stein*
Martha Burch, *mother of David Burch*
Nancy Cook, *cousin of Sue Edwards*
Bethaney Curry, *daughter of Karen Adams*
Dixie Daniel, *sister of Portia Wimp*
Walter Derryberry, *father of Pitt Derryberry*
Spencer & Abby Goidel, *grandson & wife of Don
& Lou Goidel*
Joan Harper, *mother of Mike Harper*
Todd Horn, *son of Dick & Jane Horn*
Jessie Hurst and family
Brandon Lawhorn, *grandson of Doug Lawhorn*
Joe Lawhorn, *brother of Doug Lawhorn*
Duncan McKenzie, *son of George Anna
McKenzie*
Jerry McKenzie, *brother-in-law of George Anna
McKenzie*

Todd Niva, *son of George & Gretchen Niva*
*Daniel Ohrmundt, *brother-in-law of Laurie Joyce*
Robert Paul, *husband of Shanna Paul*
Joyce Pedigo, *mother of Jenny Morehead*
Chona Powell, *sister-in-law of Bruce & Barbara
Powell*
Becky Scott, *sister of Ken Stein*
Kathryn Smith, *mother of Tony Smith*
Kenneth Smith, *father of Tony Smith*
Mark Spraker, *brother of John Spraker*
Debbie Stiles Wurth, *aunt of Josh Stiles*
James Swick, *son of Cathie Huston*
Kelly Taylor, *daughter-in-law of Teddi Taylor*
Jack and Helen Tyson, *parents of Helen Siewers*
Mary Lou Wells, *mother of Paula Lyons*
David Witty, *brother of Marcia Eastin*

Others known by Christ Church parishioners

Dick Anderson, *requested by Father Steve*
Donna Aspley, *requested by Miliska & Terry
Knauft*
Braylen Bell, *requested by Vonda Garringer &
Lilah*
*Keith and Jan Cassada and family, *requested by
Laurie Joyce*

Jill Frederick, *requested by Laurie Joyce*
Gio, *requested by Sue Edwards*
P. R. Page, *requested by Sue Edwards*
Linda Predeth, *requested by Laurie Joyce*
Sandy Proffitt, *requested by Nancy Minix*

Christ Episcopal Church Vestry Members

Class of 2025

John Carter
Jim Dale
David Lee
Brenda Willoughby

Class of 2026

Tommy Adams
Jamie Chaffin
Carol DuBose
Sharon Valk

Class of 2027

Margie Dotson
David Kem
Cary McAllister
Brian Morrison



Clergy & Staff

The Reverend Dr. Steven J. Pankey, *Rector* steve@cecbg.com cell 270-599-4575
The Reverend Rebecca Kello, *Associate Rector* becca@cecbg.com cell 270-421-3432
The Venerable Kellie Mysinger, *Deacon* kellie@cecbg.com
C. Kenneth Stein, *Director of Music and Organist* ken@cecbg.com
Kate Cline, *Director of Children's Faith Formation* kate@cecbg.com
Vonda Garringer, *Parish Administrator* vonda@cecbg.com

Church Office Hours

Monday – Wednesday 9:00 AM – 4:30 PM | Thursday 9:00 AM – 1:00 PM | Closed Friday