

**Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father.
Amen.**

The Collect of the Day

BCP 232

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Lesson

Seated

Exodus 16:2-4, 9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Hear what the Spirit is saying to God's people.

Thanks be to God.

- 23 So he commanded the clouds above *
and opened the doors of heaven.
- 24 **He rained down manna upon them to eat *
and gave them grain from heaven.**
- 25 So mortals ate the bread of angels; *
he provided for them food enough.
- 26 **He caused the east wind to blow in the heavens *
and led out the south wind by his might.**
- 27 He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
- 28 **He let it fall in the midst of their camp *
and round about their dwellings.**
- 29 So they ate and were well filled, *
for he gave them what they craved.

The Second Lesson**Ephesians 4:1-16**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

“When he ascended on high he made captivity itself a captive;
he gave gifts to his people.”

(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole

body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Standing

Sequence Hymn O Lord Most High, Eternal King

H 221

The Holy Gospel

John 6:24-35

Deacon The Holy Gospel of our Savior Jesus Christ according to John.
People **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.' " Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Deacon The Gospel of our Savior.
People **Praise to you, Lord Christ.**

The Sermon

Seated

The Rev. Becca Kello

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.

For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father [and the Son],
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as you love us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The celebrant adds a concluding Collect.

Deacon Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace *Standing*

Celebrant The peace of Christ be always with you.

People And also with you.

All greet one another in the name of Christ.

Communion Instructions *Seated*

Offertory *Arioso*

J.S. Bach

A Hymn of Thanksgiving *Standing*

H 380

**Praise God, from whom all blessings flow;
Praise him, all creatures here below.
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.**

The Holy Communion

**The Great Thanksgiving
Eucharistic Prayer C**

BCP 369

The Lord be with you.
And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By Christ's blood, we are reconciled. By Christ's wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

H S128

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

And so, Almighty God, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate Christ’s death and resurrection, as we await the day of his coming.

Lord God of our holy and righteous fore-bearers; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

The Lord’s Prayer

BCP 364

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

A period of silence is kept.

Celebrant The gifts of God for the people of God.

Communion is available to all baptized Christians, regardless of denomination. We serve communion at two stations: up at the altar rail and in front of the lectern, and you may go to either station. We have gluten-free wafers available; one arm across your chest will indicate that need to the clergy. To receive the wine, you can dip into or drink from any of the large chalices, or if you would like to dip into a chalice that no one has drunk from, that will be available at the station in front of the lectern on the pedestal. You can request a blessing instead of communion, whether baptized or unbaptized, by crossing both arms across your chest.

Communion Hymns

Come, Risen Lord, and Deign to Be Our Guest **H 306**

My God, Thy Table Now is Spread **H 321**

Sending Forth the Lay Eucharistic Visitor

Deacon In the name of this congregation, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People We who are many are one body, because we all share one bread, one cup.

Post Communion Prayer

Standing or kneeling

BCP 365

Let us pray.

Eternal God, you have graciously accepted us as living members of our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Savior. Amen.

The Blessing

Standing

Closing Hymn

Guide Me, O Thou Great Jehovah

H 690

The Dismissal

All Respond

Thanks be to God.

The Postlude

Prelude G Major (S. 568)

J. S. Bach

The altar flowers are given to the glory of God and in memory of Kay Myers Cole by David, David, Rodes and Will Cole.

10 AM Ministers of the Service

Celebrant	The Rev. Dr. Steve Pankey
Preacher	The Rev. Becca Kello
Deacon	The Ven. Kellie Mysinger
Lectors	Mark Esterle, Ann Esterle, Shelley Carter
Intercessor	John Hagaman
Altar Party	Virginia Neill Caudill, Shelley Carter Leigh Harper, Carol DuBose, Hamp Moore
Organist/Choir Director	C. Kenneth Stein
Eucharistic Visitor	Karen Adams
Audio/Visual Team	Rick and Linda Mitchell
Bell Ringer	Myers Caudill
Gospel Bearer	Ellie Buchanon
Oblationers	Cary McAllister
Altar Guild	Leigh Harper, Carol Barry
Ushers	Jim Fairchild, Doug Sherman, Harold and Gail McGuffey
Shepherd	John Carter

This Week at Christ Church

Sunday, August 4

The Eleventh Sunday after Pentecost

8:00 AM Holy Eucharist Rite I In-person and live-streamed

9:00 AM Bread of Angels – Conference Room

9:00 AM Brotherhood Breakfast – Moore Hall

9:00 AM Conversation with Scripture – All Saints' Room

9:00 AM Sabbatical Forum with Steve – Moore Hall

10:00 AM Holy Eucharist Rite II In-person and live-streamed

11:15 AM Daughters of the King meeting - Chapel

12:00 PM Weekly submission deadline for *The Lancet*, and the Sunday bulletin

Monday, August 5

7:00 PM – 9:00 PM Narcotics Anonymous – Moore Hall

Tuesday, August 6

12:00 PM Centering Prayer - Chapel

12:15 PM Transfiguration Midday Eucharist

4:00 PM Yoga – Moore Hall

Wednesday, August 7

7:00 AM Morning Prayer – Conference Room

11:00 AM Wednesday Community Lunch

12:00 PM Healing Eucharist

1:00 PM – 2:00 PM Narcotics Anonymous – Moore Hall

Thursday, August 8

Friday, August 9

Church office is closed

Saturday, August 10

1:00 PM – 2:00 PM Narcotics Anonymous

*Streamed services can be found at [facebook.com/cecbg](https://www.facebook.com/cecbg) or

<https://www.youtube.com/c/CECBG>

TO VIEW THE ENTIRE CHURCH CALENDAR, please access our website, [cecbg.com](https://www.cecbg.com).

HAPPY BIRTHDAY!!

8/05 David Lee

8/06 Marti Harrison

8/06 Elaine Walker

8/07 John Hagaman

8/07 Lynne Brown

8/07 Barbara Leet

8/08 Paula Morgan

8/08 James Brown

8/08 Bill Collins

8/10 Jessie Wolfe

8/10 Leeann

Morrison

8/10 Sale Hightower

Worship

LIVESTREAM WORSHIP will continue at 8:00 AM and 10:00 AM on Sunday mornings on Facebook and YouTube.

Learn and Grow

EDUCATION FOR MINISTRY is beginning to sign up for the 2024-2025 classes. We meet from September through May. There are two classes – the Morning EFM meets from 9 AM to noon and is led by Bill Leonard and Ed Tivol and the Evening EFM meets from 5 PM to 8 PM and is led by Kathy Wise-Leonard and Vonda Garringer.

CONVERSATIONS WITH SCRIPTURE meets on Sunday mornings at 9 AM in the All Saints Room. On July 28 we will begin discussing “the story - and history - of the second book of the Bible” - Exodus and using "Exodus for Normal People" by

Peter Enns as our study guide. Copies are available in the All Saints Room. All are welcome to participate in this ongoing open discussion, or maybe just listen in.

BREAD OF ANGELS is a group of adults of all ages who gather to explore what it is to be a Christian in the world and which we find ourselves. We are reading John Esposito's *What Everyone Needs to Know About Islam*. Esposito is a University Professor at Georgetown University and a practicing Roman Catholic. He wrote the book after 9-11 and it has been widely acclaimed. This is a perfect time to join us! Copies of the book are available in the reception area of the Church Office.

CENTERING PRAYER is Tuesdays at 12:00 PM. We are meeting in the Chapel. Anyone who is interested is welcome. Any questions, please contact Kathy Wise-Leonard at 270-779-5595 or email billkathyleonard@bellsouth.net or Janice Erbach at 270-904-1164 or email kassta@jadegrel.net.

Radiate

CHURCHES UNITED IN CHRIST HELP MINISTRY is one of the oldest outreach ministries of Christ Church. In partnership with two other downtown Christian churches, we attempt to assist families with their utility bill, emergency prescriptions, gasoline for an out of town doctor appointment, etc. For a long time, the NEED has far exceeded our resources to help. In order to effectively sustain this ministry, we need for members to step up with a pledge of \$10 or more per week. The Help Ministry at Christ Church currently distributes well over \$1,000 per month to those in need. We only help an individual once every 12 months. Please include a gift to the Help Ministry in your gifts to Christ Church! God Bless!

WEDNESDAY COMMUNITY LUNCH is now serving sack lunches. We are in need of monetary donations to further our program. Your donations are appreciated and can be put in the offering plate with a designation to WCL or may be made online at <https://www.cecbg.com/secure-giving>. We are also encouraging folks to join our team of volunteers to assemble and serve! Contact Mary Cash (marygcash@gmail.com), Janice Erbach (kassta@jadegrel.net), or Margie Dotson (madebg@bellsouth.net) for more information.

ONLINE GIVING Make a secure contribution online to the current year operating fund and/or other funds. You can make your donations through the church website.

General Announcements

Parish Prayer List

**indicates new*

Parishioners of Christ Church

Judy Adams	Dean Gilbert	Karen Robeson
James Brown	Bob Harrison	Carroll Smith
Aldis Brunson	Nick Heil	Crystal Stiles
Janice Bunch	Paula Morgan	Josh Stiles
David Cole	George Niva	Teddi Taylor
Vickie Cole	Gretchen Niva	Karen Towell
Dolores Dodd	Leigh Constans Pierce	Carroll Travelsted
*Tom Fabian	Maryanne Ringo	

Parishioners of Christ Church teaching overseas

Boo Petersen, South Africa Galen Olmsted, Venezuela

In Remembrance

In Thanksgiving

*Thomas Robert Puckett, *grandson of Troy & Ann Puckett*
William Connor Joyce, *grandson of Clyde & Laurie Joyce*

For our Cloister Community

Military serving overseas known by Christ Church parishioners

Family of Christ Church parishioners

Anastasia Arnold, *daughter of Deb Stein*
Martha Burch, *mother of David Burch*
Nancy Cook, *cousin of Sue Edwards*
Bethaney Curry, *daughter of Karen Adams*
Dixie Daniel, *sister of Portia Wimp*
Walter Derryberry, *father of Pitt Derryberry*
Spencer & Abby Goidel, *grandson & wife of Don
& Lou Goidel*
Joan Harper, *mother of Mike Harper*
Todd Horn, *son of Dick & Jane Horn*
Jessie Hurst and family
Brandon Lawhorn, *grandson of Doug Lawhorn*
Joe Lawhorn, *brother of Doug Lawhorn*
Duncan McKenzie, *son of George Anna
McKenzie*
Jerry McKenzie, *brother-in-law of George Anna
McKenzie*

Todd Niva, *son of George & Gretchen Niva*
*Daniel Ohrmundt, *brother-in-law of Laurie Joyce*
Robert Paul, *husband of Shanna Paul*
Joyce Pedigo, *mother of Jenny Morehead*
Chona Powell, *sister-in-law of Bruce & Barbara
Powell*
Becky Scott, *sister of Ken Stein*
Kathryn Smith, *mother of Tony Smith*
Kenneth Smith, *father of Tony Smith*
Mark Spraker, *brother of John Spraker*
Debbie Stiles Wurth, *aunt of Josh Stiles*
James Swick, *son of Cathie Huston*
Kelly Taylor, *daughter-in-law of Teddi Taylor*
Jack and Helen Tyson, *parents of Helen Siewers*
Mary Lou Wells, *mother of Paula Lyons*
David Witty, *brother of Marcia Eastin*

Others known by Christ Church parishioners

Dick Anderson, *requested by Father Steve*
Donna Aspley, *requested by Miliska & Terry
Knauft*
Braylen Bell, *requested by Vonda Garringer &
Lilah*
*Keith and Jan Cassada and family, *requested by
Laurie Joyce*

Jill Frederick, *requested by Laurie Joyce*
Gio, *requested by Sue Edwards*
P. R. Page, *requested by Sue Edwards*
Linda Predeth, *requested by Laurie Joyce*
Sandy Proffitt, *requested by Nancy Minix*

Christ Episcopal Church Vestry Members

Class of 2025

John Carter
Jim Dale
David Lee
Brenda Willoughby

Class of 2026

Tommy Adams
Jamie Chaffin
Carol DuBose
Sharon Valk

Class of 2027

Margie Dotson
David Kem
Cary McAllister
Brian Morrison



Clergy & Staff

The Reverend Dr. Steven J. Pankey, *Rector* steve@cecbg.com cell 270-599-4575
The Reverend Rebecca Kello, *Associate Rector* becca@cecbg.com cell 270-421-3432
The Venerable Kellie Mysinger, *Deacon* kellie@cecbg.com
C. Kenneth Stein, *Director of Music and Organist* ken@cecbg.com
Kate Cline, *Director of Children's Faith Formation* kate@cecbg.com
Vonda Garringer, *Parish Administrator* vonda@cecbg.com

Church Office Hours

Monday – Wednesday 9:00 AM – 4:30 PM | Thursday 9:00 AM – 1:00 PM | Closed Friday