

Church at Home: Creating a Prayer Space

Christ Episcopal Church will be offering Church at Home for the next several Sundays. To prepare, create a worship space and devote a specific time to come together.

- 1. Identify a space and find a small table to set up as a family prayer space. For the safety of children, look for sturdy furniture. For small children, choose a table low enough that they can reach.**
- 2. Find a cloth that, perhaps, matches the liturgical season. The color for Lent is purple and Easter is white. You can access a colorful liturgical calendar at <https://myfaithmylife.org/liturgical-calendar-2019-20/>**
- 3. Locate your family Bible and place it on the table. Use it to show your children where the stories that you are learning come from. You may want to find a stand or place it on a pillow to show the preciousness of the Bible.**
- 4. If you can, find a crèche from your Christmas decorations and set up the Holy Family. Make sure it is one that you want children to touch and hold so that they know that God is accessible at all times.**
- 5. Find a candle to light while you are around your table. (Be sure children cannot access lighters and matches and that only adults light the candle) This reminds us that God's word is light for us.**
- 6. Add some sacred art to your table. Children are attracted to beauty. This can include anything from a photo, an icon, a drawing that your child creates, or a plant or anything else that is part of God's creation.**
- 7. Find a small basket in which to deposit prayer requests. Allow children (and adults!) to say what is on their hearts.**
- 8. Find some pillows or blankets to place around your space so that it is comfortable when you are sitting together.**
- 9. Explain to children that this space is for them and they can visit it any time. Also, schedule a time when the whole family gathers. Sunday morning online worship is a good start. You can also use some of the suggested resources on our website (www.cecbg.com) under the Learn & Grow ->Children's Ministry tab.**
- 10. Most importantly, make the space your own. If you can, take a picture of it and email it to Laura@cecbg.com or share on our Facebook page! I'd love to see what you create!**